

Target EXAM 2 Study Guide for PSY 203 – Introduction to Psychology

*****PLEASE READ CAREFULLY*****

This is the target study guide for **EXAM 2**, which will cover **Chapters 5-8** of the required textbook. Learners are strongly advised to read and study each chapter thoroughly prior to completing this study guide. Moreover, Learners are advised to complete this study guide early and not wait until the last minute to do so.

The exam will be administered on Scan-Tron, therefore a No. 2 pencil is required. The instructor **WILL NOT** provide pencils to Learners.

This exam will be timed! **Learner will have exactly 60 minutes to complete EXAM 2.**

EXAM 2 will be worth 100 points. There will be 50 items on this test, each item worth 2 points. Item type will consist of multiple choice, with some visual inspection multiple choice items.

This study guide is intended to cover each test item in very specific detail, providing students with enough information, in theory, to answer all test items correctly on the actual test.

Note that the items on this study guide have been randomly scrambled in an effort to add challenge to your study of textbook material. Additionally, be advised that on the actual test, items will not be in the same sequence as presented here on this study guide; all test items will be randomly scrambled as well.

Learners are advised to complete this study guide and thoroughly study your responses prior to the exam date.

DISCLAIMER: This study guide DOES NOT guarantee a passing grade on the exam, nor shall the Learner interpret this study guide as a guarantee of a passing grade on the exam.

If Learners have any questions concerning the information presented within this study guide, they can contact me via my personal cell phone, e-mail, or face-to-face office hours. I will be happy to guide the Learner toward complete understanding. However, I will not provide Learners with direct answers and my assistance will be very limited.

-
1. When Spencer took his first ride on the big Ferris wheel, he looked down at the fairground one hundred feet below him and realized that he was trembling and that his heart was pounding. Suddenly he felt frightened. The sequence of events in Spencer's emotional experience reflects which theory of emotion?
 2. Brandon was waiting in line to make a deposit at the bank when he heard the man in front of him say softly to the teller, "Just give me the money now." At first Brandon thought the man was just impatient, but then he realized that the guy was a bank robber. Brandon felt afraid and started backing up slowly, looking for cover. Brandon's emotional response probably resulted from neural impulses that traveled along which of the two amygdala pathways discussed in the textbook?
 3. Phobias of heights, storms, snakes, and spiders are much more common than phobias of cars, stairs, stoves, or sharp objects. According to psychologist Martin Seligman, what is the reason for this?
 4. "My first memory? I can remember when I was almost three years old and going to my mom's hospital room just after my little brother was born. My aunt handed me my little brother all wrapped in a blanket and I remember just looking at him for the longest time, and thinking how he was so little." According to the research discussed in Culture and Human Behavior 6.1, memories like this one that focus on a specific event and the person's feelings about the event were most likely to be the memories of which of the two populations of college students studied?
 5. Mike began studying for his exam the night before the test, reading his textbook chapter for the first time. Ebbinghaus would predict...?
 6. According to Bandura, what four cognitive processes are necessary for imitation of behavior that has been only observed?

7. Your friend Madison became very ill a few hours after eating the fried chicken special in the college cafeteria. Now, Madison feels queasy whenever she smells fried chicken. What explains Madison's queasy feeling upon smelling the fried chicken?
8. For medical reasons, 25-year-old Nadine has to have both of her ovaries surgically removed. Following the operation, Nadine is likely to experience what with regard to sexual interest and sexual activity?
9. The key conflict or issue in the "memory wars" is...?
10. Study the discussion of Maslow's Hierarchy of Needs, including Figure 8.9. This item will be a visual inspection multiple choice item.
11. In the "In Focus: Does a High IQ Score Predict Success in Life?" box, what was the general conclusion, based upon the research of Lewis Terman and Melita Oden with the genius-level children who grew up as genius-level adults?
12. When Adrian's computer would not respond to commands from the wireless keyboard, he tried restarting the computer, because that strategy had worked in the past. After several tries, the keyboard still did not work so he gave up and called a computer repair service. A technician easily solved the problem: the batteries in the wireless keyboard needed to be replaced. Adrian's inability to solve the problem on his own had been hampered by his...?
13. Sitting side by side, Amy and Matthew watched the television as the news reporter announced, "With the votes now in from the remaining counties, there's no question that Senator Smith has won re-election!" At that moment, Matthew jumped off the couch and cheered with joy, and Amy stomped angrily out of the room. Which theory of emotion BEST accounts for their different reactions to the same information?
14. Dr. Majid met with a new patient who had a long list of puzzling symptoms. After talking with him for about ten minutes, Dr. Majid told the patient that she needed to run some tests. Dr. Majid ordered a series of blood and urine tests but privately believed that the patient probably had diabetes. When the test results came back, Dr. Majid sat down to analyze them. Analyzing the test results to confirm or disprove her hunch is an example of the _____ stage of intuition.
15. Amanda sought professional help because she was worried about the fact that she never experienced orgasm during sexual intercourse with her husband, despite having an otherwise warm and caring relationship. Amanda has a sexual dysfunction called...?
16. B.F. Skinner extended his ideas regarding operant conditioning to human behavior and social problems. He wrote about these views in his book, *Beyond Freedom and Dignity*. In this book, what did Skinner bluntly assert?
17. To produce a learned response in classical conditioning, what two elements are repeatedly paired?
18. The famous patient known only as H.M. is NOT able to do what?
19. Initially, an infant has no response to a nurse's white uniform. But after a couple of painful experiences of getting a vaccination shot from a nurse in a white uniform, the infant will react with fear in response to a nurse in a white uniform who simply walks into the examining room. In this example, the sight of a nurse in a white uniform has become a(n) _____ to the infant.
20. Emily created a new sentence that she had never heard before: "The chinless human-factors-interface-technician roamed the halls of academia looking for a lobotomized bureaucrat to interface with." This example illustrates the _____ property of language.
21. Rather than simply repeating key terms and concepts, Jeremy focused on the meaning of the information in the chapter and tried to generate examples of concepts from his own experiences. Jeremy was using _____ to help encode information into his long-term memory.
22. When LaToya got her new computer, she carefully followed the steps described in the manual, and by the end of the evening her new computer was up and running. LaToya used which problem-solving strategy?
23. From another room, Jenny called out to Leonard to ask where he had put the car keys. At first, Leonard thought he hadn't heard what Jenny had asked, but a few seconds later, the question registered in his mind and he answered, "On the coffee table." Which type of sensory memory can explain this phenomenon?

24. According to Bandura's model of observational learning, identify the characteristics of television depictions of violent behavior that would make the violent behavior more likely to be imitated?
25. For her anatomy and physiology class, Chelsea has to learn a list of the twelve cranial nerves in correct order. Identify a suggestion that would help her counteract the serial position effect?
26. How does the evolutionary perspective explain the observation that many wild animals overeat when food is available?
27. As part of his homework assignment, Kenny memorized the names of all the planets in the solar system, learned the distance between the Earth and the Sun, decided what items he still needed to research in the library, and spent some time daydreaming about space travel. In the most general sense, Kenny was engaged in...?
28. In their research on very young black children adopted into white middle-class families, Scarr and Weinberg found that the children's IQ scores were several points above the average scores of both black and white children. The results of this study and others support which of the following conclusions?
29. On two different occasions, Clint loses money in the vending machine on the second floor of his dorm. Clint no longer uses that vending machine. Using operant conditioning terms, this is an example of...?
30. Blake is determined to graduate from college with honors. But as he was studying for his final exam the next day, a friend called and invited him to a party. Blake really wanted to go to the party and decided that he would get up early and study for his final exam the next morning before class. Based on what you read in the chapter application, why did Blake decide to go to the party?
31. Brendan was raised by lesbian parents. When he reaches adulthood, what is the likelihood of Brendan becoming gay?
32. Dr. Ashley emphasizes the importance of psychological and cognitive components in human motivation and believes that we are innately driven to strive for a positive self-concept and the realization of our personal potential. Dr. Ashley's views are most consistent with _____ theories of motivation.
33. Eddie and his wife Lesley have just shared a fulfilling sexual experience. Unlike Lesley, Eddie is not likely to be able to experience another orgasm for a period of time. This stage of the sexual response cycle is called the...?
34. Although Hunter keeps falling when he tries to learn to ice skate, he keeps working at being a better skater so he can play ice hockey. Hunter is demonstrating the motivation characteristic of _____.
35. About four months ago, 16-year-old Amanda went on a drastic diet that caused her to drop from her normal weight of 120 pounds to less than 90 pounds. Although her weight is dangerously low, she continues to undereat because she thinks she looks fat and is afraid of becoming fat. Amanda suffers from...?
36. Mackenzie is a freshman at State College, and her cafeteria meals are included in the cost of her room and board. Between the eat-as-much-as-you-want cafeteria meals, the hours spent studying each day, and mostly sitting for her job at the library reception desk, Mackenzie gained twelve pounds by Thanksgiving break. Mackenzie was experiencing which type of energy balance?
37. Know the difference between implicit and explicit memory. Also, know the types of memory stored in each.
38. Whenever she sees a bolt of lightning streak across the sky, Maria quickly unplugs her computer equipment to keep it from being damaged by an electrical surge. Using operant conditioning terms, Maria's behavior is being maintained by...?
39. Know the difference between a formal concept and a natural concept.
40. This test item will be a visual inspection multiple choice item. You will need to study the discussion "The Famous Case of Little Albert", paying close attention to the visual images including Figure 5.3.
41. Jordan routinely eats an early lunch around 11:00 A.M. Even if there's no clock in sight, Jordan can tell when it's almost 11:00 A.M. because he feels hungry and wants to eat. What accounts for this behavior?

42. Brian's car was not running well. The car would occasionally lose power or stall out. Brian thought about the possible solutions: changing the ignition wires, putting an additive in the gas tank, or taking his car to a mechanic and letting the mechanic figure out the problem. Brian decided that he would try putting an additive in the gas tank first to see if that corrected the problem. Which one of Sternberg's intelligences does it sound like Brian was using?
43. Walking home late at night after watching a scary movie at a friend's house, Ashley suddenly hears a strange, shrill noise that almost sounds like a distant scream. Her heartbeat and blood pressure increase, her muscles tense, her mouth goes dry, and she begins to perspire. Ashley is experiencing the _____ component of emotion that is due to the activation of her _____.
44. During a Trivial Pursuit game, Seth was trying to think of the name of John Lennon's wife. "Yanni? Yo-yo? No, that's not it. I'm sure I'll think of. Wait, I remember! It was Yoko Ono! That was John Lennon's wife!" This is an example of...?
45. Jonathan is untidy, outgoing, and a chain smoker. He frequently stays up late and has a very flexible work schedule. Given this description, most people would guess that Jonathan is a bartender (which he is not) rather than a tax accountant (which he is). This example illustrates the influence of which heuristic?
46. The Dani speakers of New Guinea have names for only two classes of colors. When psychologist Eleanor Rosch and her colleagues studied color perception in the Dani speakers, Rosch found that the Dani...?
47. In a study by Elizabeth Loftus, subjects watched a film of an automobile accident, and then answered a series of questions, including one asking them to estimate the speed of the cars. What factor affected the subjects' estimate of how fast the cars in the film were traveling?
48. As you are reading this question right now, you are consciously processing the meaning of the words in which stage of memory?
49. Every Friday, Dr. Cruz would give a quiz in his psychology class. Students quickly learned to be nervous on Friday mornings, just before each quiz. Halfway through the semester, Dr. Cruz stopped giving quizzes on Fridays and the students' anxiety began to diminish with each passing week in which there was no quiz. The decrease in the students' anxiety may be attributed to the process of...?
50. As you're stretched out on the couch watching a late night rerun of *Seinfeld*, commercial after commercial comes on showing mouthwatering images of burgers, tacos, pizza, ice cream, and so on. These commercials are designed to heighten your anticipation of the pleasures of eating these foods, which is termed...?